

Ninja-clap

The Purpose of the Activity

To create a joint focus. Students need to have a good sense of each other to succeed.

Description

- The students stand on the floor. They must stand in such a way that everyone can see everyone - for example in a circle.
- Everyone now holds their arms out in a right-angled triangle, so that the right hand is vertically up in the air and the left points horizontally straight ahead (towards the others).
- Now a common flap must be coordinated. One person (e.g. the teacher) can control the clap, and it is then up to the students to adjust their clap so that everyone claps once at a time. No one is allowed to speak under the clap.
- Try several times until joint focus is obtained.

Practicalities

- **Time consumption:** About 5 minutes.
- **Requirements:** None
- **Preparation:** None

Tip!

Have different students take turns controlling the clap.