

Clap in the Dark

The Purpose of the Activity

To create a joint focus. Students need to have a good sense of each other to succeed.

Description

- All students stand in a circle - they stand with their arms out to the side, so that the index finger touches the person on each side.
- With closed eyes, everyone should now clap at the same time. It is important that no one says anything or tries to control the clap.
- Try several times until joint focus is obtained.



Practicalities

- **Time consumption:** About 5 minutes.
- **Requirements:** The activity requires that all students can stand together in a circle with a distance between them.
- **Preparation:** None.

Tip!

If there is not enough space in the classroom, you can possibly make the clap in the hallway or go outside.